

More Information

Concussion Management: From Rehab to Return to Activity

1. Course Description

Learn how you can take an active role in helping your patients return to school and activity safely after a concussion. This course overviews how to implement academic adjustments post-concussion, explains the role of exertion and active rehabilitation, and discusses return to play recommendations and clearance.

2. Speaker

Tamara McLeod, PhD, ATC, FNATA

3. Contact Hours

2.25

4. Cost

\$79

5. Registration Link

ConcussionCareTraining.com

6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Registered Nurses, Occupational Therapists

7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)



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8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- Describe the management of school-related concerns following a concussion
- Discuss the role of exertion and active rehabilitation in post concussion care
- Explain return-to-play recommendations, including the profession to full clearance

Summary of Evidence: Academic adjustments may be needed for children and adolescents as they return to learn after a concussion. Active rehabilitation has been proven to be beneficial in concussion recovery. Before an athlete is given clearance for full participation, they will follow a graded return to play protocol, with symptoms monitored at each step.

9. Educational Level

Beginner / Introductory / Essential / Basic

10. Course Outline

- Module 1: Return to Learn
- Module 2: Active Rehabilitation
- Module 3: Return to Play
- Sports specific RTP

This course content is not intended for use by participants outside the scope of their license or regulation.



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CE Credits Offered:

Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 2.25 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit Designation Statement

ImPACT Applications, Inc. designates this internet activity enduring material for a maximum of 2.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists

ImPACT Applications is approved to offer CEUs to physical therapists for this course in select states. Check this list to see if you're eligible to claim CEUs for this course in your state.





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Course Completion Requirements

Learners must do the following to receive a valid statement of credit or certificate:

Watch the prerecorded presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

Attendance Requirements

Variable credit is not awarded for video on demand courses. ATs should claim only those hours actually spent in the educational program.

Prerequisites

None

Healthcare Provider Applicability

Available upon request. Please email training@impacttest.com to request.

Special Needs Requests

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Included with Registration

Access to video on-demand course for 6 months after purchase

Printable course slides

Technical support for training dashboard

Presenter contact information available on request

Required Materials

ImPACT Applications training dashboard login

Speaker Standards

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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Cancellation Policy

By the Learner: You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact training@impacttest.com to receive credit towards another course of equal or lesser value.

By ImPACT Applications: If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.

Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships**.

The planning committee identified **no conflicts of interest** for this course.

Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.

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Tamara Valovich McLeod, PhD, ATC, FNATA
Professor and Director, Athletic Training
A.T. Still University

Dr. McLeod received her bachelor's degree in sports medicine from Mercyhurst University and her master of science in Kinesiology from the University of Colorado. She completed her doctor of philosophy degree in education with an emphasis in sports medicine from the University of Virginia. She is a fellow of the National Athletic Trainers' Association. She serves as the Director of A.T. Still University's Arizona School of Health Sciences Interdisciplinary Research Laboratory and the Athletic Training Practice Based Research Network. Her research focuses on pediatric athlete with respect to sport-related concussion. She was a contributing author for NATA's position statement of the Management of Sport Related Concussion, and serves as section editor for the Journal of Athletic Trainer and in on the editorial board for numerous other athletic training journals.