



[ConcussionManagement.com](http://ConcussionManagement.com)

## More Information

ImPACT Trained Physical Therapist Program

### 1. Course Description

Join other physical therapists who have become concussion management leaders by earning their ImPACT Trained Physical Therapist (ITPT) credential. Learn valuable tips and tricks to manage concussions and create concussion-focused rehabilitation protocols in your clinic.

### 2. Speakers

Erin Reynolds, PsyD; Carrie Burgert, PT; Brian Roberts, MS, ATC; Nathan Diffenbaugh, PT, DPT; Mark Boland, PT, DPT, OCS, MBA; Nathan Steinhafel, MS, OD, FAAO; Tamara McLeod, PhD, ATC, FNATA

### 3. Contact Hours

7.25

### 4. Cost

\$349

### 5. Registration Link

[ConcussionCareTraining.com](http://ConcussionCareTraining.com)

### 6. Target Audience

Physical Therapists

### 7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)

## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- **Review the six clinical trajectories and treatment pathways**
- **Identify how to progress an athlete through a 5-stage sport-specific exertion therapy program**
- **Identify rehabilitation strategies to treat vestibular and ocular motor deficits**
- **Review common vision rehabilitation techniques that a clinician can utilize on concussed patients**
- **Identify basic intervention strategies for the cervical spine and how and when to initiate treatment.**
- **Review the role of active rehabilitation in returning students to school and activity**

## 9. Educational Level

Essential/Beginner/Introductory

## 10. Course Outline

- **Concussion Clinical Trajectories**
- **Vestibular Rehabilitation**
- **Cervical Spine Rehabilitation**
- **Vision Therapy**
- **Concussion Management: From Rehab to Return to Activity**



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### CE Credits Offered:

#### Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 7.25 EBP Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

#### Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### AMA Credit Designation Statement

ImPACT Applications, Inc. designates this video on demand activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Occupational Therapists

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

AOTA Provider Number: 9467 CEUs: .7 AOTA CEUs

Classification Code: Domain of OT

#### Physical Therapists

ImPACT Applications is approved to offer continuing competence units to physical therapists for this course. Please email [training@impacttest.com](mailto:training@impacttest.com) to determine if you're eligible to claim CCUs for this course in your state.





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## **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate:

Watch the prerecorded presentation

Complete the course quiz and satisfaction survey

## **Attendance Requirements**

Variable credit is not awarded for video on demand courses. ATs should claim only those hours actually spent in the educational program.

## **Prerequisites**

None

## **Healthcare Provider Applicability**

Available upon request. Please email [training@impacttest.com](mailto:training@impacttest.com) to request.

## **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

## **Included with Registration**

Access to video on-demand course

Printable course slides

Technical support for training dashboard

Presenter contact information available on request

## **Required Materials**

ImPACT Applications training dashboard login

## **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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### Cancellation Policy

**By the Learner:** You may not cancel a video on-demand purchase and there are no refunds given for video on demand purchases. The course is available on your ImPACT Applications training dashboard and you may watch it at any time. If you are unsatisfied with the course, please contact [training@impacttest.com](mailto:training@impacttest.com) to receive credit towards another course of equal or lesser value.

**By ImPACT Applications:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.

### Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at [training@impacttest.com](mailto:training@impacttest.com), (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

### Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

### Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships**.

The planning committee identified **no conflicts of interest** for this course.

### Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.



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### **Erin Reynolds, PsyD**

Clinical Director of Sports Concussion  
Baylor Institute for Rehabilitation

Dr. Reynolds serves as Clinical Director of Sports Concussion for the Baylor Institute for Rehabilitation. Previously, she was Fellowship Director for the UPMC Sports Concussion Program and was an Assistant Professor in the Department of Orthopaedic Surgery. Dr. Reynolds completed an APA-accredited internship in neuropsychology, as well as a two-year, APA-accredited postdoctoral residency in neuropsychology at the Bedford Veteran's Administration Medical Center (Bedford VAMC) in Bedford, Massachusetts. Currently, Dr. Reynolds treats youth, high school, collegiate, and professional level athletes. She is a frequent invited lecturer on the topic of sport-related concussion at local, as well as national meetings.



**Carrie Burgert, PT, DPT**

Physical Therapist

Xcelerate Physical Therapy

Carrie earned a BS in Kinesiology from Cal Poly San Luis Obispo in 1998, and her Masters in Physical Therapy in 2004 and Doctorate in 2008 from Azusa Pacific University. She became credentialed as an ImPACT Trained Physical Therapist in 2016. Carrie is specialty trained in orthopedics and vestibular rehabilitation.



**Brian Roberts, MS, ATC**

Director of Sports Medicine and Business Operations

Seal Beach Physical Therapy

Brian earned a Master's degree in Exercise Physiology from Cal State University, Fullerton. He was one of the first certified athletic trainers in the country to develop a comprehensive concussion center, and owns and operates several state of the art sports medicine and physical therapy practices in southern California. He specializes in post-concussion return to play. He has also worked as a consultant to NASA, US Olympic Committee, the NFL and the MLB.



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### **Nathan Diffenbaugh, MSPT, DPT, ITPT**

Outpatient Rehabilitation Manager  
Lehigh Valley Health Network  
Allentown, PA

- Received Bachelors in Health Science and Masters of Science in Physical Therapy from College Misericordia
- Completed Doctorate of Physical Therapy at Misericordia University
- Completed APTA Vestibular Competency course and APTA's Credentialed Clinical Instructor program
- Became an ImPACT Trained Physical Therapist in 2017
- serves as part of a multi-disciplinary team that supports the LVHN Concussion and Head Trauma program
- Specializes in concussion treatment from accidents to professional athletes
- Has contributed to CE opportunities provided in areas of Vestibular and Post-concussion Rehabilitation





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### **Mark Boland, PT, DPT, OCS**

Director of Physical Therapy

DiSepio Institute for Rural Health and Wellness

Dr. Boland is a Clinical Assistant Professor in the Department of Physical Therapy at Saint Francis University. Dr. Boland serves as the Director of the DiSepio Center for Rehabilitation and is also the director of Saint Francis University's Orthopaedic Physical Therapy Residency Program. At Saint Francis, he is integrally involved in multiple aspects of the University's Concussion Management Program. He oversees baseline testing, post-injury testing, exertional testing, and post injury rehabilitation. He also carries an active caseload of patients experiencing a prolonged recovery from concussion.



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### **Nathan Steinhafel, MS, OD, FAAO**

Neuro Optometrist & Consultant

Pittsburgh, PA

Doctor Nathan Steinhafel obtained his Optometry degree from the Southern California College of Optometry and completed his residency at the University of Alabama-Birmingham in pediatric optometry and binocular vision, where he also served as a clinical instructor. He also holds a Master's degree in Neuro Physiology from Brigham Young University. He specializes in the treatment of amblyopia, strabismus, visual sequelae of traumatic brain injury, and vision therapy and rehabilitation. He is a member of the American Optometric Association, the Academy of Optometry, and the Neuro Optometric Rehabilitation Association.



**Tamara Valovich McLeod, PhD, ATC, FNATA**  
Professor and Director, Athletic Training  
A.T. Still University

Dr. McLeod received her bachelor's degree in sports medicine from Mercyhurst University and her master of science in Kinesiology from the University of Colorado. She completed her doctor of philosophy degree in education with an emphasis in sports medicine from the University of Virginia. She is a fellow of the National Athletic Trainers' Association. She serves as the Director of A.T. Still University's Arizona School of Health Sciences Interdisciplinary Research Laboratory and the Athletic Training Practice Based Research Network. Her research focuses on pediatric athlete with respect to sport-related concussion. She was a contributing author for NATA's position statement of the Management of Sport Related Concussion, and serves as section editor for the Journal of Athletic Trainer and in on the editorial board for numerous other athletic training journals.