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More Information

Return to Activity After Concussion

1. Course Description

Improve your return to activity protocols by incorporating best practices based on the latest concussion research.

Get actionable insights on how to leverage relationships with local schools and other members of the multidisciplinary team to ensure the most comprehensive care and successful return to life for your patients - including not only sports, but also school, work, and activities of daily living.

2. Speaker

Tamara McLeod, PhD, ATC, FNATA

3. Contact Hours

1

4. Cost

\$39

5. Registration Link

ConcussionCareTraining.com

6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers

7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)

8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- Identify the individuals comprising the concussion management team.
- Describe the roles of the concussion management team members.
- Explain the policies available to assist students returning to the classroom
- Summarize best evidence to progress returning to the classroom.
- Design sport-specific return to activity progressions.
- Discuss considerations for returning to everyday life activities.

Summary of Evidence: Concussion management should involve a multidisciplinary team of professionals, each with a unique role. The concussion care team will work together to carry out a treatment plan. Depending on the patient's needs, they'll follow a graded protocol to return them successfully to the classroom, athletics, work, and/or daily activities.

9. Educational Level

Beginner / Introductory / Essential

10. Course Outline

- Impact of concussion on overall health
- Concussion management team
- Return to school and return to learn
- Return to sport
- Return to life
- Q&A



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CE Credits Offered:

Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of [Contact Hours] Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit Designation Statement

ImPACT Applications, Inc. designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





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Course Completion Requirements

Learners must do the following to receive a valid statement of credit or certificate:

Watch the live presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

Attendance Requirements

Attendees should claim only those hours actually spent in the educational program.

Prerequisites

None

Healthcare Provider Applicability

Available upon request. Please email training@impacttest.com to request.

Special Needs Requests

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Included with Registration

Access to recording of the webinar for 48 hours after the live session

Presenter contact information available on request

Required Materials

ImPACT Applications training dashboard login

Speaker Standards

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships**.

The planning committee identified **no conflicts of interest** for this course.

Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.



Tamara Valovich McLeod, PhD, ATC, FNATA
Professor and Director, Athletic Training
A.T. Still University

Dr. McLeod received her bachelor's degree in sports medicine from Mercyhurst University and her master of science in Kinesiology from the University of Colorado. She completed her doctor of philosophy degree in education with an emphasis in sports medicine from the University of Virginia. She is a fellow of the National Athletic Trainers' Association. She serves as the Director of A.T. Still University's Arizona School of Health Sciences Interdisciplinary Research Laboratory and the Athletic Training Practice Based Research Network. Her research focuses on pediatric athlete with respect to sport-related concussion. She was a contributing author for NATA's position statement of the Management of Sport Related Concussion, and serves as section editor for the Journal of Athletic Trainer and in on the editorial board for numerous other athletic training journals.