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Cervical Spine Rehabilitation

1. Course Description

Learn assessment and rehabilitation techniques for the cervical spine post-concussion. You will learn how and when to initiate treatment for cervical spine involvement and tools and assessments that a PT can use to examine neck pain.

2. Speaker

Mark Boland, PT, DPT, OCS, MBA

3. Contact Hours

1.0

4. Cost

Free

5. Registration Link

ConcussionCareTraining.com

6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Registered Nurses

7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)



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8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz) At the end of this course, the learner will be able to:

- Review use of available assessment tools and results that may indicate cervical spine involvement.
- List useful tests during a clinical exam and their relation to concussion.
- Identify basic intervention strategies for the cervical spine and how and when to initiate treatment.

9. Educational Level

Beginner / Introductory / Essential

10. Course Outline

- Clinical Trajectories
- Mechanism of injury
- Clinical presentation
- Post-concussion assessment findings
- Evaluating the c-spine
- Treatment of c-spine involvement
- Summary of relevant research

This course content is not intended for use by participants outside the scope of their license or regulation.



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CE Credits Offered:

Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit Designation Statement

ImPACT Applications, Inc. designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s) $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists

ImPACT Applications may be able to offer continuing education credits to physical therapists in some states. Email training@impacttest.com to see if this course is approved for CE in your state.







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Course Completion Requirements

Learners must do the following to receive a valid statement of credit or certificate: Watch the prerecorded presentation Complete the course quiz and satisfaction survey

Attendance Requirements

Variable credit is not awarded for video on demand courses. ATs should claim only those hours actually spent in the educational program.

Prerequisites

None

Healthcare Provider Applicability

Available upon request. Please email training@impacttest.com to request.

Special Needs Requests

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Included with Registration

Access to video on-demand course for 6 months after purchase Printable course slides
Technical support for training dashboard
Presenter contact information available on request

Required Materials

ImPACT Applications training dashboard login

Speaker Standards

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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Cancellation Policy

By the Learner: You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact training@impacttest.com to receive credit towards another course of equal or lesser value. **By ImPACT:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.

Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies. If the grievance requires a resolution, a member of the planning committee will take necessary action. Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships.**

The planning committee identified **no conflicts of interest** for this course.

Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.



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Mark Boland, PT, DPT, OCS

Director of Physical Therapy

DiSepio Institute for Rural Health and Wellness

Dr. Boland is a Clinical Assistant Professor in the Department of Physical Therapy at Saint Francis University. Dr. Boland serves as the Director of the DiSepio Center for Rehabilitation and is also the director of Saint Francis University's Orthopaedic Physical Therapy Residency Program. At Saint Francis, he is integrally involved in multiple aspects of the University's Concussion Management Program. He oversees baseline testing, post-injury testing, exertional testing, and post injury rehabilitation. He also carries an active caseload of patients experiencing a prolonged recovery from concussion.