



[ConcussionManagement.com](http://ConcussionManagement.com)

# More Information

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**The New Frontier of Concussions: Understanding Mental Health Outcomes**

## 1. Course Description

Join our webinar to get a better understanding of how concussions can affect an individual's mental health as well as evidence-based practices for managing mental health concerns such as anxiety and depression in your treatment plans.

## 2. Speaker

Martin Mrazik, PhD, R.Psych

## 3. Contact Hours

1

## 4. Cost

Free

## 5. Registration Link

[ConcussionCareTraining.com](http://ConcussionCareTraining.com)

## 6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Occupational Therapists

## 7. Location/Format

Live Webinar

## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- Understand why concussions affect mental health outcomes
- Identify risk factors for mental health outcomes
- Understand how to address mental health concerns in your treatment plans

**Summary of Evidence:** Anxiety / mood symptoms are reported in 5-50% of concussion patients. Conducting mental health screening, asking about symptoms, and conducting a thorough clinical interview and assessment are all ways to identify mental health concerns after a concussion. If mental health symptoms are identified, healthcare providers should address them in their treatment plans.

## 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- Concussion Basics
- Concussion Profiles
- Anxiety / Mood
- Concussion Rehab and Treatment
- Case Studies
- Q&A



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### CE Credits Offered:

#### Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

#### Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### AMA Credit Designation Statement

ImPACT Applications, Inc. designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





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## **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate:

Watch the live presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

## **Attendance Requirements**

Attendees should claim only those hours actually spent in the educational program.

## **Prerequisites**

None

## **Healthcare Provider Applicability**

Available upon request. Please email [training@impacttest.com](mailto:training@impacttest.com) to request.

## **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

## **Included with Registration**

Access to recording of the webinar for 48 hours after the live session

Presenter contact information available on request

## **Required Materials**

ImPACT Applications training dashboard login

## **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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### The New Frontier of Concussions: Understanding Mental Health Outcomes

#### Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at [training@impacttest.com](mailto:training@impacttest.com), (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

#### Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

#### Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships**.

The planning committee identified **no conflicts of interest** for this course.

#### Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.

#### Cancellation Policy

**By the Learner:** You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact [training@impacttest.com](mailto:training@impacttest.com) to receive credit towards another course of equal or lesser value.

**By ImPACT:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.



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### The New Frontier of Concussions: Understanding Mental Health Outcomes



**Martin Mrazik**

Clinical Neuropsychologist  
Professor, Department of Educational Psychology  
University of Alberta

Dr. Marty Mrazik is a clinical neuropsychologist and professor in the Department of Educational Psychology at the University of Alberta where he joined in 2006 in the School and Clinical Child Psychology program. He also consults with the National Hockey League (NHL) and serves in an associate research role with the Canadian Football League (CFL).

Dr. Mrazik has been an investigator in 5 CIHR funded studies in Canada, investigating sport concussion and traumatic brain injury (TBI) in children. He has published over 60 manuscripts and book chapters and presented on sports concussions nationally and internationally. He was also the first Canadian honored as a Fellow with the Sports Neuropsychology Society for outstanding contributions to the field of sports concussions.