

Physiotherapist's Role in Concussion Care

## 1. Course Description

Learn about the integral role physiotherapists play in a multi-disciplinary concussion management team. You'll review the tools and assessments commonly used in a physiotherapist's concussion evaluation and interventions to assist in concussion recovery.

### 2. Speaker

Codi Isaac, PT

## 3. Contact Hours

1.0

## 4. Cost

Free

## 5. Registration Link

ConcussionCareTraining.com

## 6. Target Audience

Physiotherapists practicing outside the US, Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Registered Nurses

## 7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)



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## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz) At the end of this course, the learner will be able to:

- Identify the three clinical trajectories in which physiotherapists may be involved
- Identify the clinical utility of at least three clinical assessment tools used by physiotherapists in the management of concussion
- Restate the importance of a multi-disciplinary team in managing concussion with reference to a comprehensive case study

**Summary of Evidence:** Physiotherapists may be involved in concussion management and rehab as part of the multidisciplinary team. They can be involved in 3 of the concussion clinical trajectories and can use multiple clinical assessment tools for concussion management. They also create tailored rehab plans for concussion patients.

## 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- Traditional management of concussions
- Physiotherapist's role on the concussion care team
- Physiotherapy methods
- Comprehensive case study



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## **CE Credits Offered:**

### **Athletic Trainers**

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

### Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **AMA Credit Designation Statement**

ImPACT Applications, Inc. designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>M</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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#### **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate: Watch the prerecorded presentation Complete the course quiz and satisfaction survey

#### **Attendance Requirements**

Variable credit is not awarded for video on demand courses. ATs should claim only those hours actually spent in the educational program.

#### Prerequisites

None

#### Healthcare Provider Applicability

Available upon request. Please email <u>training@impacttest.com</u> to request.

#### **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

#### **Included with Registration**

Access to video on-demand course for 6 months after purchase Printable course slides Technical support for training dashboard Presenter contact information available on request

#### **Required Materials**

ImPACT Applications training dashboard login

#### **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter. Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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#### **Cancellation Policy**

**By the Learner:** You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact <u>training@impacttest.com</u> to receive credit towards another course of equal or lesser value. **By ImPACT:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.

#### **Complaint Policy**

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality. If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies. If the grievance requires a resolution, a member of the planning committee will take necessary action. Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

#### **Commercial Support**

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

#### **Conflict of Interest Policy**

Available upon request All individuals in control of content disclosed **no relevant financial relationships.** The planning committee identified **no conflicts of interest** for this course.

#### **Commercial Bias**

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.



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#### Codi Isaac, PT

Owner and Sport Physiotherapist Isaac Physiotherapy Edmonton, Alberta, Canada

Codi graduated from the University of Alberta in 2007 with a Master of Science in Physical Therapy. Her expertise is in restoring function and participation in life, work and recreational activities for her patients. She completed her Duke Vestibular Competency in July 2015. She has achieved her Sport Physiotherapist certificate and has over 1250 hours "on-field" with ice hockey, gymnastics, soccer, rugby and curling. Codi is currently working with provincial and local sporting organizations to assist in establishing policy and implement procedures around injury management. Isaac Physiotherapy provides state-ofthe art testing services and equipment along with hands-on physical therapy for improving the unique physical characteristics that come with concussion.