



[ConcussionManagement.com](http://ConcussionManagement.com)

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**Post-Concussion Care: Return to Learn, Work, and Life**

## 1. Course Description

One size does not fit all when it comes to successfully returning patients to school, learning, work, and life after concussion. This webinar will cover the essential elements of Return to Learn based on the Delphi Consensus that was developed with input from 15 national organizations. It will also review potential barriers and complicating factors that may exist and how to address them.

## 2. Speaker

Karen McAvoy, PsyD

## 3. Contact Hours

1

## 4. Cost

Free

## 5. Registration Link

[ConcussionCareTraining.com](http://ConcussionCareTraining.com)

## 6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Occupational Therapists

## 7. Location/Format

Live Webinar

## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- Identify common barriers that complicate returning to learn and work
- Differentiate different messages for separate key partners involved in the process of “Returning” post-concussion
- Review ideas for protracted recovery which still fit within an existing school framework

**Summary of Evidence:** Getting “successfully” back to school, learning, work and life after concussion has proven to be harder than expected for a myriad of reasons. Unlike a 6 step Return to Play (RTP), there is a lack of research or guidelines on Return to Learn and Life. The Delphi Consensus established 13 essential elements of Return To Learn.

## 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- Barriers to Return To Learn (RTL)
- Cognitive Rest
- Interdisciplinary Teams
- Levels of Academic Support
- Progress Monitoring
- Neuropsychological Testing
- Return to Learn Legislation
- Q&A



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### **CE Credits Offered:**

#### **Athletic Trainers**

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

#### **Physicians**

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **AMA Credit Designation Statement**

ImPACT Applications, Inc. designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





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## **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate:

Watch the live presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

## **Attendance Requirements**

Attendees should claim only those hours actually spent in the educational program.

## **Prerequisites**

None

## **Healthcare Provider Applicability**

Available upon request. Please email [training@impacttest.com](mailto:training@impacttest.com) to request.

## **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

## **Included with Registration**

Access to recording of the webinar for 48 hours after the live session

Presenter contact information available on request

## **Required Materials**

ImPACT Applications training dashboard login

## **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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## Post-Concussion Care: Return to Learn, Work, and Life

### Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at [training@impacttest.com](mailto:training@impacttest.com), (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

### Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

### Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships**.

The planning committee identified **no conflicts of interest** for this course.

### Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.

### Cancellation Policy

**By the Learner:** You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact [training@impacttest.com](mailto:training@impacttest.com) to receive credit towards another course of equal or lesser value.

**By ImPACT:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.



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### Post-Concussion Care: Return to Learn, Work, and Life



**Karen McAvoy, PsyD**  
Licensed Clinical and School Psychologist  
Get Schooled on Concussions

Karen McAvoy, PsyD is dually credentialed as a clinical and school psychologist. She practiced as a Pediatric Psychologist at Seattle and Denver Children’s Hospitals and was the Director of the Center for Concussion with Rocky Mountain Hospital for Children. She also practiced as a field School Psychologist for 20 years at Cherry Creek School District, after which she has been a consultant to the Colorado Department of Education for an additional 12 years (and counting) providing training to multidisciplinary school teams on the impact of brain injury on learning and behavior. She currently provides assessments, treatment, and consultation to adults and children suffering from brain injuries at the Aasha Brain Clinic.

Dr. McAvoy is the author of REAP (Remove/Reduce, Educate, Adjust/Accommodate, Pace) - a community-based, multidisciplinary team approach to concussion management customized in 15+ states. She is also the lead author on the 2020 delphi consensus article, Establishing Consensus for Essential Elements in Returning to Learn Following a Concussion. Additionally, Dr. McAvoy has been a contributor to the CDC on school guidance post-concussion.