

**Concussion Care for Older Adults and Seniors** 

# 1. Course Description

As individuals get older, their risk of falling and sustaining a head injury increases. Learn how to provide concussion care to older patients from conducting the clinical interview to creating tailored treatment plans. Additionally, get ideas on how to overcome some of the most common barriers to providing concussion care to older patients.

# 2. Speaker

Christina Kunec, PsyD

#### 3. Contact Hours

1

### 4. Cost

\$39

# 5. Registration Link

ConcussionCareTraining.com

# 6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Occupational Therapists

# 7. Location/Format

Pre-recorded lecture (Internet enduring material, Distance learning: independent, E-learning course, self-paced program, home study,)



**Concussion Care for Older Adults and Seniors** 

# 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz) At the end of this course, the learner will be able to:

- Discuss unique needs of older adults and how these affect concussion management
- Discuss why older adults are at increased risk for concussion
- Review important considerations in assessing older adults
- Review common barriers to providing concussion care to older adults

**Summary of Evidence:** Older adults are at increased risk of concussion due to fall risk. Should an older adult get a concussion, they have unique needs that will affect concussion management. Many older adults have comorbid conditions that may complicate concussion treatment and recovery.

# 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- Overview: Concussions in Older Adults & Seniors
- Barriers to Care
- Concussion Care During COVID-19
- Assessment
- Conducting the Clinical Interview
- Recommendations for Care in this Demographic
- Q&A



# ConcussionManagement.com More Information

Concussion Care for Older Adults and Seniors

# **CE Credits Offered:**

#### **Athletic Trainers**

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

# **Physicians**

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

# **AMA Credit Designation Statement**

ImPACT Applications, Inc. designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.







**Concussion Care for Older Adults and Seniors** 

#### **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate: Watch the live presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

### **Attendance Requirements**

Attendees should claim only those hours actually spent in the educational program.

## **Prerequisites**

None

## **Healthcare Provider Applicability**

Available upon request. Please email training@impacttest.com to request.

## **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

## Included with Registration

Access to recording of the webinar for 48 hours after the live session Presenter contact information available on request

# **Required Materials**

ImPACT Applications training dashboard login

## **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter. Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



ConcussionManagement.com

# **More Information**

#### **Concussion Care for Older Adults and Seniors**

## **Complaint Policy**

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies. If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

## **Commercial Support**

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

# **Conflict of Interest Policy**

Available upon request

All individuals in control of content disclosed **no relevant financial relationships.** 

The planning committee identified **no conflicts of interest** for this course.

#### **Commercial Bias**

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.



**Concussion Care for Older Adults and Seniors** 



Christina Kunec, PsyD

Director
Stamford Health Concussion Center

Dr. Christina Kunec is a clinical neuropsychologist who currently leads a multidisciplinary team of clinicians at Stamford Health to provide a complete continuum of concussion care to patients. Prior to joining Stamford Health, Dr. Kunec completed her neuropsychology fellowship at the University of Pittsburgh Medical Center (UPMC) Sports Medicine Concussion Program. Dr. Kunec has worked in epidemiological research for the National Institute of Mental Health (NIMH) as well as Harvard Medical School, co-authored several papers, and is a frequent lecturer on the causes, management, and treatment of concussion.