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**Webinar Replay: Concussion Research Update**

## 1. Course Description

Keep up with the latest in concussion treatment and rehab with actionable takeaways you can immediately implement in your practice. The featured presenter, Dr. Tamara McLeod, will walk through several concussion research studies and discuss their practical applications, with focus on using clinical profiles to guide treatment plans and the benefits of aerobic exercise and other active treatments.

## 2. Speaker

Tamara McLeod, PhD, ATC, FNATA

## 3. Contact Hours

1

## 4. Cost

\$39

## 5. Registration Link

[ConcussionCareTraining.com](https://ConcussionCareTraining.com)

## 6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Occupational Therapists

## 7. Location/Format

Internet Activity Enduring Material

## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz)

At the end of this course, the learner will be able to:

- Describe various concussion profiles
- Discuss the usefulness of aerobic exercise in concussion management
- Identify treatment strategies for various concussion profiles
- Differentiate between concussion treatment and the return to activity progression

**Summary of Evidence:** Concussion care recommendations and best practices are constantly evolving. The latest concussion research includes the use of concussion clinical profiles for classifying concussions into subtypes in order to guide treatment. It also recommends early aerobic exercise instead of extended periods of rest.

## 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- Concussion Research Overview
- Identifying Clinical Profiles
- Post-Concussion Management Using Clinical Profiles
- Aerobic Exercise and Other Active Treatments
- Academic Support
- Rehabilitation Treatments
- Return to Activity Progression
- Q&A



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### CE Credits Offered:

#### Athletic Trainers

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

#### Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### AMA Credit Designation Statement

ImPACT Applications, Inc. designates this video on demand activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





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## **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate:

Watch the live presentation

Complete the course quiz (80% minimum passing score) and satisfaction survey

## **Attendance Requirements**

Attendees should claim only those hours actually spent in the educational program.

## **Prerequisites**

None

## **Healthcare Provider Applicability**

Available upon request. Please email [training@impacttest.com](mailto:training@impacttest.com) to request.

## **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

## **Included with Registration**

Access to recording of the webinar for 48 hours after the live session

Presenter contact information available on request

## **Required Materials**

ImPACT Applications training dashboard login

## **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter.

Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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### Complaint Policy

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at [training@impacttest.com](mailto:training@impacttest.com), (877) 646-7991 ext. 908, or +1 (412) 567-8400 to submit a complaint, or if you have additional questions.

### Commercial Support

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

### Conflict of Interest Policy

Available upon request

All individuals in control of content disclosed **no relevant financial relationships.**

The planning committee identified **no conflicts of interest** for this course.

### Commercial Bias

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.

## More Information

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**Tamara Valovich McLeod, PhD, ATC, FNATA**  
Professor and Director, Athletic Training  
A.T. Still University

Dr. McLeod received her bachelor's degree in sports medicine from Mercyhurst University and her master of science in Kinesiology from the University of Colorado. She completed her doctor of philosophy degree in education with an emphasis in sports medicine from the University of Virginia. She is a fellow of the National Athletic Trainers' Association. She serves as the Director of A.T. Still University's Arizona School of Health Sciences Interdisciplinary Research Laboratory and the Athletic Training Practice Based Research Network. Her research focuses on pediatric athlete with respect to sport-related concussion. She was a contributing author for NATA's position statement of the Management of Sport Related Concussion, and serves as section editor for the Journal of Athletic Trainer and in on the editorial board for numerous other athletic training journals.