

Driving After Concussion: When is it safe to get behind the wheel?

## **1. Course Description**

Though it can feel like second nature to experienced drivers, driving is actually a highly complicated series of perfectly timed visual, motor, and cognitive skills. Concussions commonly impair these skills, making return to driving difficult. Learn how driving is impaired after a concussion with attention to the acute and subacute injury stages as well as clinical implications for managing driving recommendations after concussion. Future directions in post-concussion driving management will also be discussed.

### 2. Speaker

Dr. Julianne Schmidt

## **3. Contact Hours**

1

## 4. Cost

\$39

## 5. Registration Link

ConcussionCareTraining.com

## 6. Target Audience

Physicians, Nurse Practitioners, Physician Assistants, Psychologists, Athletic Trainers, Physical Therapists, Occupational Therapists

## 7. Location/Format

Internet Activity Enduring Material



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## 8. Learning Objectives

(Achievement assessed through post-course evaluation/quiz) At the end of this course, the learner will be able to:

- Understand how driving is impaired after a concussion
- Develop post-concussion driving recommendations for patients
- Apply gradual return to driving protocols in your clinical setting
  Summary of Evidence: Research shows that concussions impair functions that are necessary for driving. However, many healthcare providers are not regularly provided recommendations for driving after a concussion.
  Healthcare providers should consider return to driving as part of their return to activity / return to life protocol.

## 9. Educational Level

Beginner / Introductory / Essential

## 10. Course Outline

- How concussions affect driving
- Return to Driving protocol
- Future of post-concussion driving management
- Q&A



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## **CE Credits Offered**:

## **Athletic Trainers**

ImPACT Applications, Inc. (BOC AP# P3429) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 1 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

### Physicians

ImPACT Applications, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **AMA Credit Designation Statement**

ImPACT Applications, Inc. designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)<sup>M</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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#### **Course Completion Requirements**

Learners must do the following to receive a valid statement of credit or certificate: Watch the live presentation Complete the course quiz (80% minimum passing score) and satisfaction survey

#### **Attendance Requirements**

Attendees should claim only those hours actually spent in the educational program.

#### Prerequisites

None

#### Healthcare Provider Applicability

Available upon request. Please email training@impacttest.com to request.

#### **Special Needs Requests**

Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

#### **Included with Registration**

Access to recording of the webinar for 48 hours after the live session Presenter contact information available on request

#### **Required Materials**

ImPACT Applications training dashboard login

#### **Speaker Standards**

Statements and opinions contained in this presentation are solely those of the presenter. Treatments and tools presented today are some of many that are available.

Presenters have agreed to demonstrate high standards of professional conduct and will not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

ImPACT Applications owns the slides presented. Attendees may not use any materials presented without written permission from ImPACT Applications.



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### **Complaint Policy**

When a participant, either verbally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The planning committee will then pass on the comments to the speaker, assuring confidentiality.

If the grievance concerns a workshop, its content, level of presentation, or the facilities in which the workshop was offered, the planning committee will mediate and will be the final arbitrators. If the participant requests action, the final arbitrator will follow the standard cancellation and refund policies.

If the grievance requires a resolution, a member of the planning committee will take necessary action.

Please contact ImPACT Applications at training@impacttest.com, (877) 646-7991 ext. 908, or

+1 (412) 567-8400 to submit a complaint, or if you have additional questions.

#### **Commercial Support**

Currently, ImPACT Applications does not accept commercial support for any continuing education programs.

### **Conflict of Interest Policy**

Available upon request All individuals in control of content disclosed **no relevant financial relationships.** The planning committee identified **no conflicts of interest** for this course.

#### **Commercial Bias**

The intent of this course is to promote improvements in the management of concussion. Attendees are encouraged to inform the course planning committee through the course evaluation if any commercial bias is detected.

#### **Cancellation Policy**

**By the Learner:** You may not cancel a video on-demand purchase. The course is available for 6 months after purchase and the individual may watch it at any time. If you are unsatisfied with the course, please contact training@impacttest.com to receive credit towards another course of equal or lesser value. **By ImPACT:** If ImPACT Applications removes a course from its video on-demand library, they will first offer the individual a credit toward another course of equal value. If the individual does not want another course, the provider will refund the registration fee for the course.



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**Dr. Julianne Schmidt** Associate Professor University of Georgia

Dr. Julianne Schmidt completed her bachelor's in Athletic Training at Point Loma Nazarene University and her master's and PhD at the University of North Carolina. She began her current position at the University of Georgia in 2013 where she serves in the areas of athletic training and biomechanics. Dr. Schmidt codirects the UGA Concussion Research Laboratory and the Biomechanics Laboratory. Dr. Schmidt's primary research interest is the clinical continuum of concussion. More specifically, biomechanics of sport-related concussion, concussion care seeking, and post-concussion evaluation and management techniques.